



Spa Pricelist

2018

Conventional Massages

Provides relaxation for improved sleep quality, helping to relax the body as it gently relaxes the muscles which alleviates tension and soreness in the muscles.

- Back neck & shoulder | 30 Minutes | R400
- Full body massage | 60 Minutes | R625
- Arms massage | 15 Minutes | R220
- Legs massage | 15 Minutes | R265
- Scalp massage | 15 Minutes | R180

Add Hot Stones @ R125

Conventional & Sport Massages

- Indian head massage | 45 Minutes | R455
- Manual lymph drainage | 45 Minutes | R455
- Back neck & shoulder sports Massage
30 Minutes | R415
- Full body sports massage | 1 Hour | R665

Add Hot Stones @ R125

Sport massages are deep tissue massages. These treatment aid in alleviating muscle stiffness associated with training and aids in healing micro-tears on muscles.

Spa Packages

Sportsman Package | 3 Hours | R1725

Aromatherapy hot stone full body sports massage/Scalp massage/Pedicure

Face my Body | 2 Hours | R1315

Signature skin therapy / Full body massage

Esse Facial Treatments

All facial treatments (excluding the Eye Treatment) includes a skin analysis and the use of a steamer machine to aid in unblocking pores, softening dead skin cells for optimal exfoliation and the use of an ozone machine to help combat free radicals that can cause premature aging and pit scarring.

- Hydrating Skin Therapy | 45 Minutes | R675
- Gentle Skin Therapy | 45 Minutes | R720
- Correcting Skin Therapy | 45 Minutes | R635
- Anti-aging Skin Therapy | 45 Minutes | R745
- Detox Skin Therapy | 45 Minutes | R670
- Balancing Skin Therapy | 45 Minutes | R720
- Antioxidant Skin Therapy | 45 Minutes | R720
- Acne Skin Therapy | 45 Minutes | R595
- Signature Skin Therapy | 1 Hour | R830
- Express facial (all skin types) | 30 Minutes | R415
- Eye treatment | 10 Minutes | R125

Extras – Laser Treatments

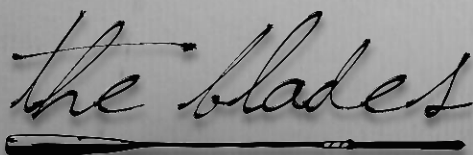
Laser treatments can be booked as an add on to Facial Treatments only.

- Disincrustation | 15 Minutes | R165
- High Frequency Laser | 15 Minutes | R165


Lontophoresis

- Anti-aging | 15 Minutes | R800
- Re-hydration | 15 Minutes | R655
- De-sensitive | 15 Minutes | R655
- Pigmentation | 15 Minutes | R655
- Acne | 15 Minutes | R800

Spa Treatments by:



Pha2-tshedzo
Health & Beauty



Eyes & Lashes

Lash and brow tint | 15 Minutes| R195
Brow tint | 10 Minutes | R90
Lash tint | 10 Minutes | R105
Brow Wax | 10 Minutes | R85
Full Set Individual Lashes | 30 Minutes | R555
Half Set or Fill | 15 Minutes | R345
Removal | 15 Minutes | R140

Combos

Brow Wax and Tint | 20 Minutes |R165
Brow Wax , Tint & Lash Tint | 25 Minutes | R265

Make-up

3D Bridal , Incl. Trial || 60 Minutes | R1355
Special occasion | 30 Minutes| R625
Trial makeup | 20 Minutes |R320

Make-up tutorial

Individual lesson | 90 Minutes |R690
For 10 people and above | 120 Minutes|R625

Hand & Feet

Manicure | 45 Minutes | R345

Hand & nail bath, exfoliation, nail file, cuticle work, mask, massage & polish

Pedicure | 45 Minutes | R345

Foot soak, exfoliation, nail file, cuticle work, mask, massage & polish

Manicure & Pedicure Combi | 90 Minutes | R625

Manicure & Gel on Natural Nail | 75 Minutes|R485

No Paint express Mani | 30 Minutes | R230

No Paint express Pedi | 30 Minutes | R280

Extras – Hands & Feet

Soak Off Gel | 15 Minutes| R65
Soak off Acrylic | 15 Minutes | R70
Paraffin Dip | 15 Minutes | R110
Buff & polish | 20 Minutes| R135
Nail Art (per nail) | R15
Extreme Nail Art (per nail) | R20
Paint on Nail Art (per nail) | R30

Ladies Wax

Half leg | 15 Minutes | R220
Three Quarter Leg | 20 Minutes | R245
Full leg (women) | 30 Minutes | R345
Bikini or Brazilian | 30 Minutes | R255
Under arm or Half arm | 15 Minutes| R140
Full arms | 30 Minutes | R215
Full back | 20 Minutes | R345
Full tummy area | 15 Minutes | R140
Tummy line | 10 Minutes | R100
Lip Wax or Chin Wax | 10 Minutes| R85
Brow and Lip | 20 Minute | R155
Brow, Lip and Chin | 30 Minutes| R230
Full Face | 40 Minutes | R240

Men's Wax

Full Arm | 30 Minutes | R235
Half Arm | 15 Minutes | R155
Under Arm | 15 Minutes | R140
Full Leg | 30 Minutes | R345
Half Leg | 15 Minutes | R220
Three Quarter Leg | 20 Minutes | R245
Ears, Nose and Brows | 15 Minutes | R90
Stomach | 15 Minutes | R320
Back | 20 Minutes | R375
Chest | 20 Minutes | R375



In-Room Spa Treatments

These packages and treatments are available to residential guests only.

Half Day Package for 2 | 3 Hours | R2885

Full body exfoliation/ Full body massage/ Full body wrap/Lunch

Full Day Package for 2 | 5.2 Hours | R5215

Full body exfoliation/ Full body mask, followed by a romantic bath infused with essential oils and rose petals/ Hot stone full body massage / Esse skin therapy treatment / Pedicure /Lunch / Glass of wine / Afternoon snacks

Me Time | 2 Hours | R1200

Full body massage / Pedicure / Full Body exfoliation

Body Treatments | 20 Minutes | R385

Full body exfoliation

Body Treatments | 20 Minutes | R445

Full body wrap

General Information

Operating Hours

Monday: Closed | Tuesday – Saturday: 09h00 – 16h30 | Sunday: 09h00 – 12h00

Appointments

Please arrive 30 min prior to your scheduled appointment as this allows you to enjoy a cup of coffee or tea while completing a consultation form. Kindly inform us of any health concerns or recent surgeries when booking your appointment. Our Spa operates on a strictly no-nudity policy.

Personal items

We regret that Pha2-tshedzo Health and Beauty and The Blades Hotel cannot be held personally responsible for any theft, damage, loss or misfortune that may occur to any personal articles.

Spa Etiquette

Our Spa environment is one of tranquillity and relaxation .Please respect all Spa guests right to privacy and serenity. To preserve the tranquil environment of the Spa we would kindly request that all mobile phones be switched off or put on silent during your time with us.

Late Arrivals

Late arrivals for whatever reason will result in reduction of your allocated treatment time and full payment fee will apply. We will not postpone your treatment due to late arrival. Should we have an opening after your treatment, you are required to pay a penalty fee of R250 to reclaim your full treatment time.

Payment and Cancellation Policy

Sorry no cheques are accepted, but cash and credit cards are welcome. We require 100% deposit within 48 hours after the receipt of your booking confirmation. Your booking will not be secured unless we have received your full payment. Please take note that the same payment and cancellation policies apply when making use of a gift voucher. Cancellations will only be accepted in writing. Cancellation made 15 – 7 days prior to arrival will forfeit 50% of the invoice amount. Cancellations made 6 days before arrival or no shows will be liable for the full invoice amount.

Refreshments

There will always be a fresh supply of coffee, tea and lemon infused water for your enjoyment. Our beverage menu will be provided for any other drinks.

Products

Only professionally recognised products will be used in this Spa which will be professionally recommended by a qualified and trained Spa therapist. At anytime must you feel pressurised to take the products prescribed to you, but do take the professional advice given. Vouchers are an ideal gift for Spa enthusiasts, stressed out work colleagues, loved ones in need of pampering and friends in need of relaxation. Choose from our existing treatments and Spa packages or create your own personalised package. Vouchers are available for purchase at the Spa.